

YMCA CHESHIRE



A very clean and secure facility. Friendly staff. Very community minded a place to be proud of.



Great place, a warm welcome awaits everyone. Go there if you need assistance in anything they will gladly help you.



Our Story

GLO stands for Growth, Life, and Opportunities. The GLO Café provides a vital training environment for people at YMCA Cheshire to gain valuable experiences and help them on the road to employment. By using our Café, you are directly supporting their ongoing investment in their futures. As we continue to support our community, we are proud to source our ingredients and services from local suppliers and businesses wherever possible, further strengthening the local community we serve.



Open Hours

MON - FRI: 7AM - 2PM

SATURDAY: 9AM - 3PM

GLO Café, 189 Gresty Rd, Crewe, CW2 6EL
www.ymcacheshire.org.uk



GLOCafé
Great Coffee, Big Heart.

UNEMPLOYED

Breakfast

Breakfast Muffin

Sausage or Streaky Bacon with Egg £4.00

Pancakes

Bacon & Syrup £4.50
Mascarpone, Syrup & Wild Berries

Avocado on Toast

Guacamole, Diced Avocado, Sriracha £7.00
Sauce, Pickled Red Onion & Feta on Sourdough Toast

Breakfast Sandwich / Bap

£3.00

Breakfast Wrap

Five Fillings with American Cheese £6.00

Full English

2 Sausages, 2 Bacon, Beans, Hash Brown, £7.50
Tomato, Mushroom, Egg, 2 Toast

Small Breakfast

1 Sausages, 1 Bacon, Beans, Hash Brown, £5.50
Tomato, Mushroom, Egg, 1 Toast

Veggie Breakfast

3 Veggie Sausages, Hash Brown, £7.00
Mushroom, Tomato, Beans, Egg, 1 Toast

Add-Ons

Bacon | Sausage | Black Pudding | Egg £0.60 each
Hash Brown | Beans | Tomato | Toast
Mushrooms £0.50 each



Lunch

Homemade Soup

Served with Bread Roll £3.50

Panini / Toasties

Ham & Cheese | Tuna & Cheese £3.50
Cheese & Tomato

Jacket Potato

Toppings: Tuna (+25p) | Cheese £3.50
Beans | Ham | Coleslaw | Chicken £4.00
2 Toppings
3 Toppings

Omelette

Choose up to 3 fillings: Ham | Cheese £5.50
Sausage | Bacon | Mushroom | Peppers
Red Onion | Tomato

Salads

Base: Leaf, Tomato, Cucumber, Red £4.00
Onion
Add: Tuna (+25p) | Chicken | Avocado
Cheese | Coleslaw | Dressing

GLO Burger

Smashed Beef or Chicken Burger with £8.00
Lettuce & Burger Sauce served with
Fries & Coleslaw
Add Bacon & Cheese £9.00

Drinks

Coffee

Americano | Latte | Cappuccino £2.50
Mocha | Chai | Flat White | Cortado
Espresso | Macchiato

Iced Coffee

Iced Latte | Iced Cappuccino £2.50
Iced Mocha | Iced Flat White
Iced Flat Black

Tea

Yorkshire Tea | English Breakfast £1.50
Earl Grey | Various Fruit Teas

Hot Chocolate

With Marshmallows & Cream £2.50
£3.00

Bottled Water

£1.00

Soft Drink Can

£1.00

Fresh Juice Bottles

£1.50

Bottled Milkshake

£1.50



Daily Specials

Monday

Homemade Lasagne, served with £8.00
Garlic Bread and Side Salad

Tuesday

Homemade Sri Lankan-Style Chicken £8.00
Curry, served with Basmati Rice, Naan,
and Onion Bhaji

Wednesday

Homemade Hunters Chicken with £8.00
Special BBQ Sauce and Melted
Cheddar Cheese, served with Wedges.

Thursday

Homemade Beef Chilli Con Carne, £8.00
served with Rice, topped with Sour
Cream and Cheese, with Tortilla Chips.

